

CELESTIAL SUCCESS

Developing Elegance & Authenticity

Krista Gray-Kirschman

04.22.24

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- 0:00 - Intro to the Podcast (Krista)
 - 1:05 - Introducing Timothy (Krista)
 - 2:25 - Hot Seat Question #1: Favorite Book
 - 4:05 - Hot Seat Question #2: Favorite Travel Destination
 - 6:00 - Hot Seat Question #3: Favorite Product / Item
 - 7:55 - Everyday Objects + Imprinting Intention
 - 9:00 - Science + Spirituality (Krista)
 - 10:20 - What's Your Story? (Krista)
 - 11:10 - A Logical Sequence (in Hindsight)
 - 11:55 - **Warping Time on the Spiritual Path**
 - 12:50 - Upbringing + Beyond
 - 13:50 - Studying the Concept of Hell
 - 14:20 - Breaking Ties in Search of Truth
 - 15:05 - Simultaneous Tracks (Spiritual + Professional)
 - 15:35 - Following the Professional Track
 - 17:00 - Rising the Ranks Just to Quit
 - 17:35 - Becoming a Writer + More
 - 19:00 - Draft My Story
 - 19:55 - The Pattern of Not-Compromising
 - 20:40 - Developing WholeSystem Human
 - 21:30 - Building for Others Flopped Hard
 - 22:05 - **The Cost of Experimentation**
 - *22:25 - **The Smartest 'Business' Decision of My Life**
 - 23:05 - Learning to Follow the Breadcrumbs
 - *23:40 - **A Deeply Coherent Result**
 - *24:00 - **An Organic Movement, Ongoing**
 - 24:50 - We Are All Seekers of Fulfillment (Krista)
 - 26:00 - Acting on Our Intuition Takes Real Guts (Krista)
 - 27:00 - Having Fear, But Moving through It Anyway (Krista)
 - 27:15 - **The First Ingredient: Honesty**

27:45 - **Achievement Doesn't Always Mean Fulfillment**
28:25 - **The Second Ingredient: Courage**
28:40 - Alternative Pathways
29:40 - **Becoming More Useful through Self-Liberation**
30:30 - Embodiment Practices Fortified My Inner Strength
*31:45 - **Willingness to Move is Everything**
32:20 - Braided Pathways (Krista)
35:30 - Standing Out Like a Sore Thumb
36:40 - Prioritizing Pathways
*38:50 - **Being Totally Determined in the Face of Fear**
*39:45 - **Was It Really a Risk After All?**
*40:00 - **Two Ingredients**
*40:15 - **It's All a Part of the Story**
*40:40 - **Surviving Misery to Find Heaven**
*42:00 - **We All Share the Same Exact Power**
*42:35 - **That's the Guarantee**
42:50 - The Benefits of Real Talk (Krista)
45:15 - Invitation to Discuss More Recent Offers (Krista)
46:00 - Core Offerings: A Culmination of All Prior Stories
*46:35 - **INTRODUCING:** The Forgotten Sense (The Hub)
*47:35 - **INTRODUCING:** The Body Keys (The Resource)
48:20 - Learning How to Deal with Chronic Tension
*49:05 - **INTRODUCING:** Seer Training (The Holy Grail)
50:35 - Personal Experience with TFS (Krista)
52:00 - The Benefits of One-on-One Support (Krista)
53:05 - **The Winding Journey Equips Us to Serve**
54:15 - Why I Have This Passion for Podcasting (Krista)
55:20 - One Concluding Piece of Life Advice
*55:50 - **Make Good Use of All Your Best Ideas**
57:15 - Outro (Krista)

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